



## Frameworks

# Parent and Guardian Engagement Workshop: Parenting During COVID-19: Finding a New Normal

Thursday, September 30, 2021

4:30 PM- 5:30 P.M.

### "Parenting During COVID-19: Finding a New Normal" Workshop Objectives

- Recalibrate our own stress management skills as adults
- Discover purposeful strategies for using this time as an opportunity to tend to our children's social and emotional development
- Gain tips and tools for creating a new normal for our families



Collaborative for Academic, Social, and Emotional Learning (CASEL)

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